



**ASA Swim North West, ASA Swim North East Region  
& Salford Community Leisure invite you to the**

## **2017 Open Water Festival**

**Water Sports Centre, Salford Quays, Salford  
SATURDAY 24<sup>th</sup> JUNE 2017 from 08.00 – 2.00**

### **FESTIVAL EVENTS FOR ALL**

**Wet Suits Allowed - Minimum Age for entry 12 years**

**500 FUN (1 lap) OR 1500 CHALLENGE (3 laps)**

**AGES AS OF 31<sup>ST</sup> DEC 2017 SENIOR (19/Over), JUNIOR (15 – 18 YEARS), NOVICE (12-14 YEARS)**

### **NW / NE Age, Youth Open Water CHAMPIONSHIPS**

**12-14 Years – 1.5km; 15/16 Years – 3km; 17 & over – 5km**

**Ages as of 31<sup>st</sup> Dec 2017**

### **NW / NE Masters Open Water Championships**

**1.5km OR 3km**

**The age groups for Masters are: 18-24 (years old), 25-29, 30-34, 35-39, 40-44; 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94**

**Ages as of 31<sup>st</sup> Dec 2017**

**ALL FESTIVAL & NW CHAMPIONSHIP EVENTS INCORPORATE LANCASHIRE, YORKSHIRE, CHESHIRE COUNTY AND NORTHUMBERLAND & DURHAM COUNTY CHAMPIONSHIPS**

### **PLEASE NOTE**

- **Insurance Is Provided By SCLL For Festival 500 and 1500 events, ASA Membership Insurance Will Cover Swimmers From ASA Clubs**
- **In Order To Compete In The Age & Youth Championships You Must Be A Member Of A Registered ASA Club**
- **Entries open on April 1<sup>st</sup> and close on June 4<sup>th</sup> 2017**
- **Please Read And Copy These Conditions For Future Reference**
- **Swimmers Not Attending The Briefing Will Not Be Allowed To Swim**
- **Swimmers Can Enter Their Estimated Pool Times As This May Decide Heats If Needed**
- **Promoters Reserve The Right To Limit Entries Due To Safety Considerations**
- **WET SUITS** for FESTIVAL events are available for hire from Salford Water Sports Centre [Limited Numbers – Cost £6.50 TBC]. Please contact 0161 8777252 for details & further information

## ASA North West & North East Region Open Water Championships – Conditions 2017

1. A competitor must be a registered member, or equivalent, of the club in whose name he or she is entered, at the date of making the initial entry. Swimmers may enter in the name of one club only.
2. Foreign competitors will be accepted if they are from one of the countries affiliated to FINA.
3. Age Groups and Distances are: **Girls & Boys: 12-14yrs – 1.5km; 15/16yrs – 3km; 17 & over - 5km.**
4. Masters Swimmers may enter one event only – 1.5 km or 3 km. Age categories are - **18-24 (years old), 25–29, 30–34, 35–39, 40-44; 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94**
5. Ages as at: 31<sup>st</sup> December 2017
6. Entry Fee: £15.00
7. Medals will be awarded to the first 3 male and female swimmers in each of the following age groups:- 12, 13, 14, 15, 16, 17/18, 19+. NW & NE Medals for Masters Swimmers will also be awarded for each of the categories listed in condition 4 [above]. Swimmers outside the NW and NE Regions can enter but will not be awarded medals.
8. A cut off time limit of 30 minutes after the first swimmer in each competition has finished shall operate.
9. Registration: Swimmers MUST sign in at the registration desk at the appropriate time which will be published in the briefing information after entries close.
10. Any swimmer representative (coach/chaperone) not attending the briefing will result in the swimmer NOT being allowed to swim.
11. Competitor Number: Competitors must have their number displayed on their swim cap [provided], back and upper arms, also THE WRIST BAND PROVIDED MUST BE WORN.
12. Swim Gear: No swimmer shall be permitted to use or wear any device, which may be an aid to their speed, endurance or buoyancy. Goggles, cap, nose clip and earplugs may be used. Only one costume is allowed. Costumes must comply with FINA Open Water rules.
13. Grease: Swimmers shall be allowed to use grease or other substances providing these are not deemed as excessive, in the opinion of the Referee.
14. All the above conditions will apply to the incorporated County Championships of Lancashire, Yorkshire, Cheshire and Northumberland & Durham.
15. Addition to the Conditions [16-05-17] These have been adopted to fall into place with new Fina Guidelines issued in January -

BL 8.4 For open water swimming competitions, with water temperature from 20 C, swimsuits for both men and women shall not cover the neck, nor extend past the shoulder, nor extend below the ankle. Subject to these specific shape specifications, swimsuits for open water swimming competitions shall further comply with all other requirements applicable to swimsuits for pool swimming competition.

BL 8.5 From the 1st of January 2017, for open water swimming competitions in water with temperature below 20 C, men and women may use either swimsuits (BL 8.4) or wetsuits. When the water temperature is below 18 C, the use of wetsuits is compulsory. For the purpose of these rules, wetsuits are swimsuits made of material providing thermal insulation. Wetsuits for both men and women shall completely cover torso, back, shoulders and knees. They shall not extend beyond the neck, wrists and ankles.

### BRIEFINGS

Briefings start from 8.15 and will be confirmed as soon as possible after the closing date for entries. The Briefing times will be published on the Swim NW website and will be emailed to all entrants.

## ASA North West & North East Region Open Water Festival 500m FUN and 1500m CHALLENGE - Conditions

1. The competition is open to all swimmers in the UK who are unattached to ASA clubs as well as those who are members of ASA clubs. Entrants should be able to self certify themselves fit and competent enough to complete the challenge. Please seek advice from your GP if you are unsure.
2. The minimum age for competing is 12 years as of 31<sup>st</sup> Dec 2017.
3. Participants must attend the briefing – Final Briefing Times will be published on line and sent to personal emails one week before the date of the competition.
4. The Festival events are freestyle and swum over 500m and 1500m – You may enter one event only.
5. **Wetsuits - You are advised that wetsuits are allowed but are not compulsory. We recognise that many entrants may wish to swim in non wetsuits and this is acceptable, however it is our recommendation that entrants in the Festival Events [500m Fun and 1500m Challenge] observe the advice given in the Championship events which stipulate that wetsuits must be worn if the temperature is below 18 Degrees C.**
6. Depending on entry numbers the events may be staggered. Swim NW / NE reserve the right to limit entries dependent upon demand.
7. Competitors must have their number clearly visible on their cap and body in accordance with the referee's instruction – the numbers are normally written in black ink markers on the cap and on each competitor's back and upper arms. All competitors MUST, in the interest of safety, wear the swim hat provided.
8. A cut off time limit after the first swimmer in each competition has finished shall operate [15 minutes for the 500 meters event and 30 minutes for the 1500 meters event]. Any longer will be at the Referee's discretion.
9. Awards
  - FUN 500m – NW Medals will be awarded to the first 3 Male & Female in the following categories - Senior [19/Over], Junior [15-18], Novice [12-14]
  - CHALLENGE 1500m – NW Medals will be awarded to the first 3 Male & Female in the following categories - Senior [19/Over], Junior [15-18], Novice [12-14]
10. Any matters not provided for in these conditions shall be decided by ASA NWR Swimming Management Group or the event Referee.

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