

YORKSHIRE SWIMMING ASSOCIATION WINTER COMPETITION 2021 – LOWER AGE GROUPS

(Swim England Licensed at Level 2)

Saturday 23rd & Sunday 24th October 2021

Ponds Forge International Sports Centre, Sheffield,

Short Course – 25 metre.

Age at 24th October 2021

Saturday 23rd October 2021

Session One – Warm Up 8am – Start 9am

| | |
|-------------------|-------------|
| Girls 9/10 years | 50m Free |
| Boys 9/10 years | 50m Free |
| Girls 11-12 years | 100m Breast |
| Boys 11-12 years | 100m Breast |
| Girls 9/10 years | 100m I.M. |
| Boys 9/10 years | 100m I.M. |
| Girls 11-12 years | 100m Back |
| Boys 11-12 years | 100m Back |
| Girls 9/10 years | 50m Back |
| Boys 9/10 years | 50m Back |

Session Two – Warm Up 1pm – Start 2pm

| | |
|-------------------|------------|
| Girls 11/12 years | 200m I.M. |
| Boys 11/12 years | 200m I.M. |
| Girls 9/10 years | 50m Breast |
| Boys 9/10 years | 50m Breast |
| Girls 11/12 years | 50m Free |
| Boys 11/12 years | 50m Free |
| Girls 9/10 years | 100m Fly |
| Boys 9/10 years | 100m Fly |
| Girls 11-12 years | 100m Fly |

Sunday 24th October 2021

Session Three – Warm Up 8-30am – Start 9-30am

| | |
|-------------------|-------------------|
| Boys 11/12 years | 50m Back |
| Girls 11/12 years | 50m Back |
| Boys 9/10 years | 50m Fly |
| Girls 9/10 years | 50m Fly |
| Boys 11/12 years | 100m Free |
| Girls 11/12 years | 100m Free |
| Boys 9/10 years | 100m Breaststroke |
| Girls 9/10 years | 100m Breaststroke |
| Boys 11/12 years | 50m Fly |
| Girls 11/12 years | 50m Fly |

Session Four – Warm Up 1pm – Start 2pm

| | |
|-------------------|----------------|
| Boys 11/12 years | 50m Breast |
| Girls 11/12 years | 50m Breast |
| Boys 9/10 years | 100m Back |
| Girls 9/10 years | 100m Back |
| Boys 11-12 years | 100m Fly |
| Girls 9/10 years | 100m Freestyle |
| Boys 9/10 years | 100m Freestyle |
| Girls 11/12 years | 400m I.M. |
| Boys 11/12 years | 400m I.M. |

All Events Heat Declared Winner. Medals will be awarded to swimmers placed 1st, 2nd and 3rd in each of the Age Groups 9,10,11 & 12 years.

QUALIFYING TIMES FOR A 25 METRE POOL

LONG COURSE CONVERTED TIMES ACCEPTED

(ENTRY TIMES MUST BE RECORDED IN BRITISH SWIMMING RANKINGS SINCE 1ST SEPTEMBER 2019 AT ANY LEVEL)

| BOYS | | | | |
|------------------------|--------|--------|--------|--------|
| EVENT | 9 | 10 | 11 | 12 |
| 50m Freestyle | 45.3 | 38.6 | 35.1 | 33.5 |
| 100m Freestyle | 1.37.0 | 1.27.0 | 1:19.8 | 1:13.0 |
| 50m Breaststroke | 1.01.3 | 53.0 | 48.1 | 44.5 |
| 100m Breaststroke | 2.12.5 | 1.56.4 | 1:46.0 | 1:37.8 |
| 50m Butterfly | 1.00.4 | 46.7 | 42.9 | 38.1 |
| 100m Butterfly | 2.10.6 | 1.59.9 | 1:33.0 | 1:25.5 |
| 50m Backstroke | 52.1 | 45.6 | 42.4 | 39.0 |
| 100m Backstroke | 1.52.4 | 1.40.9 | 1:32.1 | 1:26.5 |
| 100m Individual Medley | 2.00.0 | 1.42.8 | | |
| 200m Individual Medley | | | 3:20.5 | 3:04.5 |
| 400m Individual Medley | | | 6:35.0 | 6:35.0 |
| GIRLS | | | | |
| EVENT | 9 | 10 | 11 | 12 |
| 50m Freestyle | 43.0 | 36.7 | 34.4 | 32.1 |
| 100m Freestyle | 1.37.0 | 1.22.5 | 1:16.5 | 1:10.8 |
| 50m Breaststroke | 56.6 | 49.9 | 45.9 | 43.0 |
| 100m Breaststroke | 2.05.8 | 1.51.5 | 1:40.9 | 1:33.7 |
| 50m Butterfly | 55.0 | 43.5 | 39.9 | 35.9 |
| 100m Butterfly | 2.10.4 | 1.44.0 | 1:32.0 | 1:22.0 |
| 50m Backstroke | 50.0 | 43.2 | 40.3 | 37.7 |
| 100m Backstroke | 1.53.2 | 1.34.6 | 1:27.0 | 1:22.4 |
| 100m Individual Medley | 1.52.3 | 1.35.3 | | |
| 200m Individual Medley | | | 3:09.5 | 2:54.5 |
| 400m Individual Medley | | | 6:25.0 | 6:07.0 |

CLOSING DATE – 24th SEPTEMBER 2021