

# YORKSHIRE SWIMMING ASSOCIATION WINTER COMPETITION 2023 – LOWER AGE GROUPS

(Licensed by Swim England 2NE230685)

**Saturday 14<sup>th</sup> & Sunday 15<sup>th</sup> October 2023**

John Charles Centre for Sport, Leeds - Short Course – 25 metre.

**Age at 15<sup>th</sup> October 2023**

## **Saturday 14<sup>th</sup> October 2023**

Session One – Warm Up 8am – Start 9am

Girls 9/10 years	50m Free
Boys 9/10 years	50m Free
Girls 11-12 years	100m Breast
Boys 11-12 years	100m Breast
Girls 9/10 years	100m I.M.
Boys 9/10 years	100m I.M.
Girls 11-12 years	100m Back
Boys 11-12 years	100m Back
Girls 9/10 years	50m Back
Boys 9/10 years	50m Back

Session Two – Warm Up 1pm – Start 2pm

Girls 11/12 years	200m I.M.
Boys 11/12 years	200m I.M.
Girls 9/10 years	50m Breast
Boys 9/10 years	50m Breast
Girls 11/12 years	50m Free
Boys 11/12 years	50m Free
Girls 9/10 years	100m Fly
Boys 9/10 years	100m Fly
Girls 11-12 years	100m Fly

## **Sunday 15<sup>th</sup> October 2023**

Session Three Warm Up 8-30am–Start 9-30am

Boys 11/12 years	50m Back
Girls 11/12 years	50m Back
Boys 9/10 years	50m Fly
Girls 9/10 years	50m Fly
Boys 11/12 years	100m Free
Girls 11/12 years	100m Free
Boys 9/10 years	100m Breaststroke
Girls 9/10 years	100m Breaststroke
Boys 11/12 years	50m Fly
Girls 11/12 years	50m Fly

Session Four – Warm Up 1pm – Start 2pm

Boys 11/12 years	50m Breast
Girls 11/12 years	50m Breast
Boys 9/10 years	100m Back
Girls 9/10 years	100m Back
Boys 11-12 years	100m Fly
Girls 9/10 years	100m Freestyle
Boys 9/10 years	100m Freestyle
Girls 11/12 years	400m I.M.
Boys 11/12 years	400m I.M.

**All Events Heat Declared Winner. Medals will be awarded to swimmers placed 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each of the Age Groups 9,10,11 & 12 years.**

### **QUALIFYING TIMES FOR A 25 METRE POOL**

(LONG COURSE CONVERTED TIMES ACCEPTED)

(ENTRY TIMES MUST BE RECORDED IN BRITISH SWIMMING RANKINGS SINCE 1<sup>ST</sup> SEPTEMBER 2021 AT ANY LEVEL)

BOYS				
EVENT	9	10	11	12
50m Freestyle	52.3	41.0	37.2	33.7
100m Freestyle	1.51.6	1.37.2	1:24.6	1:17.2
50m Breaststroke	1.10.1	55.9	51.0	47.1
100m Breaststroke	2.32.3	2.09.0	1:52.4	1:42.3
50m Butterfly	1.12.0	52.5	46.2	37.0
100m Butterfly	2.30.2	2.14.9	1:42.3	1:32.1
50m Backstroke	1.01.3	48.7	44.6	40.5
100m Backstroke	2.09.3	1.51.8	1:37.0	1:29.9
100m Individual Medley	2.18.0	1.52.6		
200m Individual Medley			3.33.0	3.15.6
400m Individual Medley			7.14.5	6.40.8
GIRLS				
EVENT	9	10	11	12
50m Freestyle	47.9	40.7	35.5	31.8
100m Freestyle	1.51.6	1.33.2	1:19.5	1:10.5
50m Breaststroke	1.04.2	54.5	47.0	42.0
100m Breaststroke	2.24.7	2.00.7	1:43.0	1:33.6
50m Butterfly	1.08.2	50.3	43.6	37.5
100m Butterfly	2.30.0	2.00.0	1:42.5	1:28.2
50m Backstroke	56.1	47.7	41.5	37.5
100m Backstroke	2.10.2	1.45.7	1:33.8	1:21.0
100m Individual Medley	2.06.1	1.47.6		
200m Individual Medley			3:26.2	2:55.1
400m Individual Medley			7.03.5	6.06.2

**CLOSING DATE – 12 NOON - 22<sup>nd</sup> SEPTEMBER 2023**