

# SwimLinks: Improver lessons for disabled swimmers

**A swimming project that will give young people with physical, sensory or intellectual disabilities the chance to dream of Paralympic glory has been given the London 2012 seal of approval.**

Swim Links, led by the ASA, has been awarded the coveted London 2012 Inspire Mark, which officially recognises projects that have been inspired by the Games.

The project will offer youngsters who are identified as having 'higher swimming ability' the chance to improve through extra swimming sessions thanks to the 20 Swim Links projects that will be taking place at venues across England. Those who continue to shine can then have their skills officially assessed by the governing body during an ASA County Athlete Assessment Day to see if they are good enough to make a regional squad.

Current SwimLinks sessions in Yorkshire include:

Kingston upon Hull Swimming Club	Tuesday 7.00pm, at Ennerdale Leisure Centre, Hull
Team Jorvik Swimming Club	Sunday 12.30pm, at Archbishop's Holgate Pool, York

A further SwimLinks session is planned for Bradford, details to follow

Chris Armstrong; Regional Development Coach (Disability) said of the project:

"There are already some great opportunities for youngsters with a disability to learn to swim across the County. SwimLinks will give swimmers the extra skills required to go onto Competitive swimming in a club environment and the British Disability Swimming Pathway"

For more details on Disability Swimming or to book onto a SwimLinks session contact Chris Armstrong at [chris.armstrong@swimming.org](mailto:chris.armstrong@swimming.org) or cal 07787269306

