

## YORKSHIRE S.A. SYNCHRONISED SWIMMING

MINUTES OF SYNCHRONISED SWIMMING COMMITTEE MEETING 26/10/2010 GALPHARM  
STADIUM HUDDERSFIELD 7.45pm.

Present: Bill Cooper, David Alexander, Sue Barrington and Anita Carr.

Apologies: Sue Blackstone, Gemma Wright and K. Jackson.

David Alexander was elected as chairperson.

- 1] Yorkshire Grades: It was agreed that the grades required updating to follow the new Fina Age Group Figures 2009 to 2013. A copy of the amendments is attached.
- 2] Novice/Grade1/Grade2 Competition: This competition will be held at Knottingley Sunday 15th May 2011. It was agreed that the Novices should perform 2 Figures:

- 1] Tub.
- 2] Front Tuck Somersault.

It was also agreed that novices would be invited to perform a Solo 1 Min to 1 Min 30 Secs long and to include and to be swum in the following order:

- 1] Travelling Head First Alternate Bent Knees 2 Bent Knees on Each Leg.
- 2] Back Tuck Somersault.
- 3] Oyster

GRADE 1 Figures:

- 1] Tub.
- 2] Front Tuck Somersault.
- 3] Ballet Leg.
- 4] Back Pike Somersault.

Routine to include and to be swum in the following order:

- 1] Ballet Leg ( travel permitted).
- 2] Kick-Pull-Kick –Over (2 changes, 1 each arm).
- 3] Isle of Man ( 360 rotation).

GRADE 2 Figures:

- 1] Ballet Leg.
- 2] Back Pike Somersault.
- 3] Front Walkover
- 4] Heron

Routine to include and to be swum in the following order:

- 1] Split position (Entry/exit optional but split position must be evident).
- 2] Heron
- 3] From Back Layout to Surface Flamingo Position Travel allowed (Method of exit optional).

A 1 point penalty will be awarded for any of the following:

Omission of an element.

Wrong order.

Elements must NOT be repeated.

It was also agreed that the Novices would be invited to swim Duets . Time to be arranged.

The Combinations would comprise Novice/G1/G2 ( Open capability) and not separate Combinations.

No penalties will be incurred for the constitution of the combinations.

It was agreed to defer discussion of the Junior/Senior Competition until a later meeting.

### 3] DEVELOPMENT

The committee agreed that a Development day should be arranged for March 2011 for the Novice/Grade1's and Grade2's selected primarily from the last novice/G1//2 Competition.

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Clubs would be invited to submit Swimmers names who had not competed due to illness or Holidays etc. and who they thought would benefit. Clubs would also be required to provide a Coach and a senior swimmer to Coach at the Session.

The Committee also agreed to a £5.00p Charge per head per swimmer for the session.

A further Meeting to agree the Format for the Development is to be arranged with Coaches etc from clubs.

4] Any other relevant Business

The Secretary enquired as to Committees thought of trying to arrange a Competition between Yorkshire, Lancashire and possibly Midlands. The Committee agreed for the Secretary to make enquiries as to if the other Counties were interested.

There being no further business the meeting closed at 10.30pm

W.A.COOPER Synchro Committee Secretary